

# IF ONLY...

*How to be filled full on less.*

The Bible passage this morning is...

## **Exodus 20.17**

Take a few minutes this afternoon to read through Psalms 19 and 119. As you read, ask yourself, "Do I feel this way about God's law?"

### **1. WHY THIS COMMANDMENT?**

A. God wants us to know that the Commandments are as much about the inner HEART as they are about outward behavior.

B. To drive us to JESUS.

The Tenth Commandment teaches us:

### **2. THE POWERFUL DANGER OF MISPLACED DESIRES.**

The Cult of the 'Next Thing'—is newer always better?

The Lure of "If Only..."

What 'If Only's' are lurking in your life?

### **3. WHEN LESS IS MORE.**

Philippians 4.11-13—a good verse to memorize!

Do you believe the following statement? Why or why not?

***"Spiritual maturity is more a matter of relinquishment than acquisition."***

*Be more concerned with who you are than what you have...  
And more concerned with what you have than what you lack.*

#### **More questions to ponder:**

- *What is the difference between coveting and desiring something?*
- *To what other sins does coveting lead?*
- *What strategies can you use to foster contentment and satisfaction in your heart?*

(From Philip Graham Ryken, *Written in Stone* (Wheaton: Crossway Books, 2003). This book is the best resource on the Ten Commandments I found).

You will find Jeremiah Burroughs' book *The Rare Jewel of Christian Contentment* online at <http://www.bibleteacher.org/jbcontent1.htm>